see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-331-6158 to request a copy. 331-6158. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.nwrooferstrust.com or call 1-800share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$350 individual / \$700 family (Deductibles applied in October, November, December will also apply to the next calendar year's deductible.)	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services provided by a Preferred Provider are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	Yes. \$50 per person for dental services. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan?</u>	\$2,000/person for Preferred Providers; \$4,000/person for Non-Preferred Providers. \$10,000/person for Non-Preferred facilities.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> <u>limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan does not cover, prescription drugs, penalties for failure to obtain preauthorization, skilled nursing care, copay, deductibles, and charges in excess of allowed amounts.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit.</u>
Will you pay less if you use a network provider?	Yes. See <u>www.premera.com</u> or call 800-810- BLUE (2583) for a list of <u>network providers.</u>	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No.	You can see the specialist you choose without a referral.



Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an \$25 <u>copay</u> /visit Specialist visit S	reimbursement with EnvisionRxOptions.	100% coinsurance	\$50 copay/prescription for retail	Non-preferred brand drugs	
Services You Way Need Preferred Provider (You will pay the least) Primary care visit to treat an S25 copay/visit Specialist visit Spe	non-Network Pharmacy you must pay full cost of prescription and file a claim for		mail order <u>Deductible</u> does not apply.		www.envisionrx.com
Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an standard provider injury or illness Specialist visit S	generic is available you pay the difference in cost between the generic and brand plus	100% <u>coinsurance</u>	retail \$50 <u>copay/prescription</u> for	Preferred brand drugs	prescription drug
Services You May Need Preferred Provider Non-Preferred Provider (You will pay the most) 20% coinsurance Charges in excess of \$200; No cost for dependents under age 12: Charges in excess of UCR 50% coinsurance for physician fees \$15 copay/prescription for retail 50% coinsurance for physician fees \$15 copay/prescription for mail order Deductible does not apply.	retail Rx90 pharmacies. Brand drugs when a		\$25 conav/prescription for		condition
Services You May Need Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an \$25 copay/visit Specialist visit	maintenance drugs with mail order copay at		mail order Deductible does not apply.		treat your illness or
Ommon Services You May Need Iteal Event What You Will Pay Provider (You will pay the least) What You Will Pay Non-Preferred Provider (You will pay the least) Won-Preferred Provider (You will pay the most) Primary care visit to treat an injury or illness \$25 copay/visit 20% coinsurance Specialist visit \$25 copay/visit 20% coinsurance Specialist visit \$25 copay/visit 20% coinsurance Preventive care/screening/ immunization Charges in excess of \$200; No cost for dependents under age 12 Charges in excess of UCR Diagnostic test (x-ray, blood work) Diagnostic test (x-ray, blood fees 20% coinsurance for facility fees / 20% coinsurance for physician fees Work) \$15 copay/prescription for fees coinsurance for physician fees	prescription); 35 – 90-day supply (mail order prescription). Covers up to a 90-day supply of	100% coinsurance	\$30 <u>copay/prescription</u> for	Generic drugs	If you need drugs to
Ommon Ical Event Services You May Need Ical Event What You Will Pay Non-Preferred Provider (You will pay the least) What You Will Pay Non-Preferred Provider (You will pay the most) Primary care visit to treat an injury or illness \$25 copay/visit 20% coinsurance Specialist visit \$25 copay/visit 20% coinsurance Specialist visit \$25 copay/visit 20% coinsurance Preventive care/screening/immunization Charges in excess of \$200; No cost for dependents under age 12 Charges in excess of \$200; No cost for dependents under age 12; Charges in excess of UCR Work) Diagnostic test (x-ray, blood work) 20% coinsurance for facility fees / 20% coinsurance for physician fees	Covers up to a 34-day supply (retail		\$15 <u>copay/</u> prescription for		
Ommon Ical Event Services You May Need Ical Event What You Will Pay Wilder (You will pay the least) What You Will Pay Won-Preferred Provider (You will pay the least) Won-Preferred Provider (You will pay the least) Non-Preferred Provider (You will pay the least) Non-Preferred Provider (You will pay the least) Won-Preferred Provider (You will pay the least) Won-Preferred Provider (You will pay the least) Won-Preferred Provider (You will pay the least) 20% coinsurance Specialist visit \$25 copay/visit 20% coinsurance 20% coinsurance Preventive care/screening/ immunization Charges in excess of \$200; No cost for dependents under age 12; Charges in excess of UCR No cost for dependents under age 12; Charges in excess of UCR \$50% coinsurance for facility fees / 20% coinsurance for physician	Age 50 & over covered once every year.	tees			
Ommon Ical Event Services You May Need Ical Event What You Will Pay Ican Ical Event What You Will Pay Ican Ical Event Where Ical Provider (You will pay the least) Non-Preferred Provider (You will pay the most) Primary care visit to treat an injury or illness \$25 copay/visit 20% coinsurance Specialist visit \$25 copay/visit 20% coinsurance Sit a health vider's office Charges in excess of \$200; No cost for dependents under age 12; Charges in excess of \$200; No cost for dependents under age 12; Charges in excess of UCR Charges in excess of UCR Diagnostic test (x-ray, blood work) Diagnostic test (x-ray, blood work) 50% coinsurance for facility fees 1 20%.	limited to once every 5 years, Mammogram under age 50 covered 1 time every 2 years.	coinsurance for physician	20% coinsurance	 Imaging (CT/PET scans MRIs)	If you have a test
ommon Services You May Need Ical Event Primary care visit to treat an injury or illness Specialist visit Specialist v	Pap smears limited to 1 per year. Prostate Specific Antigen (PSA) for ages 50 & over	50% <u>coinsurance</u> for facility fees / 20%		Diagnostic test (x-ray, blood work)	
ommon Services You May Need Ical Event Primary care visit to treat an injury or illness Specialist visit Specialist v	your plan will pay for.				
Ommon Services You May Need Ilcal Event Primary care visit to treat an injury or illness Specialist visit Specialist	you need are preventive. Then check what	•			
ommon Services You May Need Ital Event Primary care visit to treat an injury or illness Specialist visit Specialist v	You may have to pay for services that aren't preventive. Ask your provider if the services	excess of UCR	Ç		
ommon Services You May Need Ical Event Primary care visit to treat an injury or illness Specialist visit Specialist v	hospital.	under age 12; Charges in	under age 12	immunization	
ommon Services You May Need Frimary care visit to treat an injury or illness Specialist visit Specialist visit Specialist visit Sit a health vider's office What You Will Pay Preferred Provider (You will pay the least) (You will pay the least) Specialist visit	services performed by a Non-Preferred	No cost for dependents	Unarges in excess or \$200;	Preventive care/screening/	
ommon Services You May Need Freferred Provider (You will pay the least) Primary care visit to treat an injury or illness Specialist visit	to a 20% coinsurance or 50% coinsurance for	Charges in excess of \$200;			
Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an injury or illness Specialist visit What You Will Pay Preferred Provider (You will pay the least) Specialist visit \$25 \frac{\copay}{\copay}/\visit \$25 \frac{\copay}{\copay}/\visit \$25 \frac{\copay}{\copay}/\visit \$26 \frac{\copay}{\copay}/\visit \$27 \frac{\copay}{\copay}/\visit	physicals for participants age 12 and over.				care provider's office
Services You May Need Primary care visit to treat an injury or illness Specialist visit Primary care Vou May Need Primary care visit to treat an injury or illness Specialist visit What You Will Pay Non-Preferred Provider (You will pay the least) Services You May Need Preferred Provider (You will pay the most) Deductible does not apply. Specialist visit \$25 copay/visit 20% coinsurance 20% coinsurance	There is a \$200 calendar year limit on routine				If you visit a health
Services You May Need Primary care visit to treat an injury or illness Specialist visit What You Will Pay Preferred Provider (You will pay the least) \$25 \overline{\text{copay}}/\text{visit} Specialist visit What You Will Pay Non-Preferred Provider (You will pay the most) \$25 \overline{\text{copay}}/\text{visit} \$26 \overline{\text{copay}}/\text{visit} \$27 \overline{\text{copay}}/\text{visit} Specialist visit}	Massage therapy is not covered.	·			
Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an injury or illness What You Will Pay Preferred Provider (You will pay the least) (You will pay the most) \$25 \frac{\copay}{\copay}/\visit} Deductible does not apply. What You Will Pay Non-Preferred Provider (You will pay the most) 20% \frac{\coinsurance}{\coinsurance}	tor pain management and anesthesia only.	20% coinsurance	\$25 copay/visit	Specialist visit	
Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an injury or illness What You Will Pay Preferred Provider (You will pay the least) S25 copay/visit Deductible does not apply.	Acupuncture must be performed by an MD				
Services You May Need Preferred Provider (You will pay the least) Primary care visit to treat an injury or illness What You Will Pay Preferred Provider (You will pay the least) (You will pay the most) \$25 \frac{\text{copay}}{\text{visit}} \text{20% \text{coinsurance}} \text{coinsurance}	medical review required after 10 visits.				
What You Will Pay Services You May Need Preferred Provider Non-Preferred Provider (You will pay the least) (You will pay the most)	Chiropractic limited to 20 visits per year;	20% <u>coinsurance</u>	<u>Deductible</u> does not apply.	injury or illness	
What You Will Pay Services You May Need Preferred Provider Non-Preferred Provider (You will pay the most)	All services must be modically accessory	(#OF consylvicit	Drimany care visit to treat an	
What You Will Pay	Important Information		Preferred Provider (You will pay the least)	Services You May Need	Medical Event
	limitations Everytions 8 Other	Will Pay	What You		Common

If you are pregnant Childbirth/delivery facility services 20% coinsurance	Selvices	h/delivery professional 2	Office visits \$25 copay/visit	health, behavioral health, or substance abuse services Inpatient services 20% coinsurance	Outpatient services 20% coinsurance		Facility fee (e.g., hospital room) 20% coinsurance			Emergency room care 20% coinsurance	Surgery Physician/surgeon fees \$25 copay/visit	ave outpatient	Same as generic/brand Specialty drugs Deductible does not apply.	\$100 <u>copay/prescription</u> for mail order <u>Deductible</u> does not apply.	What Y Common Services You May Need Preferred Provider Medical Event (You will pay the least)
	•	2 coin:	20% coinsurance	e 50% <u>coinsurance</u>	e 20% coinsurance		e 50% coinsurance	20% coinsurance			20% coinsurance	e 50% coinsurance	rand 100% <u>coinsurance</u> apply.		What You Will Pay rider Non-Preferred Provider least) (You will pay the most)
	copayment, or deductible may apply.	L .		Preauthorization required except when Medicare is prime and emergency admits of less than 24 hours. If preauthorization is not obtained, penalty of 50%, not to exceed \$500 applies.	None	Medicare is prime and emergency admits of less than 24 hours. If preauthorization is not obtained, penalty of 50% not to exceed \$500 applies.	Preauthorization required except when	None	To the nearest hospital equipped to furnish the necessary treatment.	None		All services must be medically necessary.		Contraceptives are only covered for treatment of a documented medical condition.	Limitations, Exceptions, & Other Important Information

Common Medical Event	Services You May Need	What You Will Pay Preferred Provider Non-Pr (You will pay the least) (You w	Will Pay Non-Preferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
other special health needs	Rehabilitation services	20% coinsurance	50% coinsurance	Preauthorization required for inpatient. If preauthorization is not obtained benefits are reduced by 50%, not to exceed \$500.
	Habilitation services	Not Covered	Not Covered	Neurodevelopmental therapy available to dependent children age 6 and under, \$2,000 maximum benefit.
	Skilled nursing care	50% coinsurance	50% coinsurance	Covered if within 14 days following a covered inpatient hospital stay of at least 3 days. Limited to 70 days.
	Durable medical equipment	20% coinsurance	20% <u>coinsurance</u>	Requires a prescription.
	Hospice services	No Charge <u>Deductible</u> does not apply.	No Charge <u>Deductible</u> does not apply.	Limited to \$7,500 lifetime benefit
	Children's eye exam	\$25 copay/exam	Fees in excess of \$40	Limited to one exam every 12 months
If your child needs dental or eye care	Children's glasses	Fees in excess of \$120 for frames and single vision lenses	Fees in excess of \$40 for single vision lenses and fees in excess of \$46 for frames	Lenses limited to once every 12 months. Frames are limited to once every 24 months.
	Children's dental check-up	20% or usual, customary and reasonable charges Deductible does not apply.	Not Covered	Participants age 12 and over subject to \$2,000 calendar year maximum.

Excluded Services & Other Covered Services

တ္ထ	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)	; Y	ur policy or plan document for more informatio	n and a list of any other excluded services.)
•	Acupuncture	•	Habilitation Services (except for treatment of	ong form Caro
•	Bariatric Surgery (unless medically necessary for		neurodevelopmental disabilities in children age 6	Massago Thorany
	morbid obesity)		and under)	- Politing East Care
•	Cosmetic Surgery (except to correct function or	•	Hearing Aids	Maight Loss Programs
	disorder)	•	Infertility Treatment	• Weight Loss Flograms
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Other Covered Services (Limitations may apply
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a complete list.
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Dental Care (Adult) Chiropractic Care (limited to 20 visits per year) Private-Duty Nursing Non-emergency care when traveling outside the Routine Eye Care (Adult – provided through

too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x 61565 or www.ccilo.cms.gov. Other coverage options may be available to you U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform and Department of Health and Human Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is

complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: at 1-800-331-6158. grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform or contact the Administration Office

www.insurance.wa.gov Additionally, a consumer assistance program can help you file your appeal. Contact Washington Consumer Assistant Program at 1-800-562-6900 or

Does this plan provide Minimum Essential Coverage? Yes

when you file your tax return as the penalty for not having coverage was removed as part of the Tax Cut and Jobs Act of 2017. An individual is required to have Minimum Essential Coverage. Effective January 1, 2019, if you find yourself without coverage for a month, you will not be penalized

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-331-6158

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.



amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage. **This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

Mia's Simple Fracture

Specialist copay Other coinsurance Hospital (facility) coinsurance The plan's overall deductible \$350 20% \$25

This EXAMPLE event includes services like:

Specialist office visits (prenatal care, Specialist visit (anesthesia) Diagnostic tests (ultrasounds and blood work) Childbirth/Delivery Facility Services Childbirth/Delivery Professional Services

Total Example Cost	
\$12,800	

In this example, Peg would pay:

\$2,210	The total Peg would pay is
\$60	Limits or exclusions
	What isn't covered
\$1,700	Coinsurance
\$100	Copayments
\$350	Deductibles
	Cost Sharing

Other coinsurance Specialist copay The <u>plan's</u> overall <u>deductible</u> Hospital (facility) coinsurance \$350 20% \$25

Other coinsurance

Diagnostic tests (blood work) Prescription drugs disease education) Primary care physician office visits (including Durable medical equipment (glucose meter) This EXAMPLE event includes services like:

Total Example Cost	
\$7,400	

Total Example Cost

ilis example, Joe would pay:	
Cost Sharing	
Deductibles	\$350
Copayments	\$1,000
Coinsurance	\$400
What isn't covered	
imits or exclusions	\$60
The total Joe would pay is	\$1,810

The <u>plan's</u> overall <u>deductible</u> Specialist <u>copay</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u>	(in-network emergency room visit and follow up care)
\$350 \$25 20% 20%	ollow up

Emergency room care (including medical supplies) This EXAMPLE event includes services like: Rehabilitation services (physical therapy) Durable medical equipment (*crutches*) Diagnostic test (*x-ray*)